

Title:

Experiences with exercise during pregnancy in women with type 1 diabetes

Principal Investigators:

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Host Institution:

University of Alberta

Description of Study:

Physical activity during pregnancy is essential to promote optimal outcomes for both mom and baby. Little is known about what is required to manage insulin dosage to perform physical activity safely during pregnancy for individuals with type 1 diabetes.

This study is a survey to collect information from individuals with type 1 diabetes who have been physically active during their pregnancy.

Project Start Date: October 16, 2023

Project End Date: The survey will stay open until sufficient responses have been collected

Eligibility:

Individuals over the age of 18 who: had type 1 diabetes while pregnant, maintained physical activity during pregnancy, are no longer pregnant.

Complete Survey:

French: <https://redcap.ualberta.ca/surveys/?s=WJX9FXRKXCNM8LNA>

English: <https://redcap.ualberta.ca/surveys/?s=HLW4EF4YMPNH3ERP>

Ethics Approval:

University of Alberta REB2, Pro00124922

Contact

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