

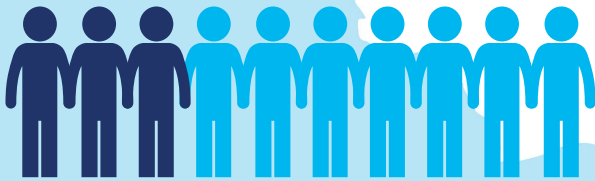
Estimated Prevalence and Cost of Diabetes - Manitoba

Prevalence (1)	2024	2034
Diabetes (type 1 + type 2 diagnosed + type 2 undiagnosed)	216,410 / 15%	281,970 / 18%
Diabetes (type 1 and type 2 diagnosed)	152,080 / 11%	210,190 / 13%
Diabetes (type 1)	5-10% of diabetes prevalence	
Diabetes (type 1 + type 2 diagnosed + type 2 undiagnosed) and prediabetes (includes undiagnosed)	435,240 / 30%	526,560 / 33%
Increase in diabetes (type 1 and type 2 diagnosed), 2024-2034	30%	
Direct cost to the Health Care System in 2024	\$145 million	
Out-of-pocket cost per year (2)		
Type 1 diabetes costs, % of family income	\$1,426-\$9,520 / 5%-6%	
Type 2 diabetes costs, % of family income	\$554-\$6,702 / 2%-9%	



Diabetes Canada's Recommendations to the Government of Manitoba

1. Dedicate funding to implement the Manitoba Diabetes Action Plan
2. Enhance protection of children living with diabetes at school
3. Expand access to medications, devices, supplies and care for Manitobans living with diabetes



Among Manitobans:

- **30%** live with diabetes or prediabetes;
- **11%** live with diagnosed diabetes, a figure that climbs to **15%** when cases of undiagnosed type 2 diabetes are included.

Diabetes contributes to:

