

# Should I stop taking certain blood pressure medications because I've heard that these drugs may affect my risk of COVID-19 infection?

Blood pressure control is an essential part of managing diabetes. In addition, certain blood pressure lowering medications [a class of medications known as angiotensin converting enzyme inhibitors (ACE-i) or Angiotensin Receptor Blockers (ARBs)] are often recommended for people living with diabetes to protect them from kidney and heart-related complications, even in the absence of high blood pressure.



At the present time, there is no confirmed scientific link between these blood pressure medications and the risk of COVID-19 infection or its complications.

**Please do NOT stop or change any of your medications without discussing with your healthcare team.**

