

# D-CAMPS

## 2024 D-CAMPS ONTARIO VOLUNTEER MEDICAL HANDBOOK



CAMP  
HURONDA  
D-CAMPS



CAMP  
DISCOVERY  
D-CAMPS

DIABETES  
CANADA



## APPLICANTS TO ONTARIO D CAMPS

At D-Camps, children enjoy an authentic camp experience while having all of their diabetes needs met by a team of skilled medical professionals. For fun and skill building, our awesome program team leads the way!

Our medical staff includes endocrinologists, doctors, nurses, dietitians as well as health-care students, residents, and interns. Together, they form a support network to help campers manage their diabetes more independently. If you or your colleague is interested in working as part of our D-Camps medical team, we'd love to hear from you!

Volunteer medical staff will be positive role models that are committed to ensuring safe and enjoyable experiences that reflect the mission and core values of Diabetes Canada's National Camping Program.

## DIABETES CANADA VISION AND MISSION STATEMENT

Vision - A world free of the effects of diabetes.

Mission - To lead the fight against diabetes by:

- Helping those affected by diabetes to live healthy lives.
- Preventing onset and consequences of diabetes.
- Discovering a cure.

## THE GOALS OF D-CAMPS

Diabetes Canada camps and youth programs are aimed at children and youth affected by type 1 diabetes. These overnight programs emphasize participation in camp activities and provide an opportunity for diabetes education. Camp also helps youth to gain independence and self-discipline in managing their diabetes. The goals of Diabetes Canada camps are:

- Teach independent, self-management of diabetes
- Foster lasting friendships
- Improve self-esteem
- Provide a safe, fun, and educational camp experience

## OUR CAMP PROGRAM HISTORY

Inspiring Independence Together – since 1953

Diabetes Canada's camping tradition began in 1953 with the opening of the first D-Camp in Eastern Ontario. Since then, our camping program has grown extensively, and the Association now operates 9 overnight camps across Canada. Since the beginning, the focus of our camps has been to provide children living with type 1 diabetes with opportunities to enjoy an authentic camp experience while having all of their diabetes needs monitored by a dedicated team of trained medical professionals.



## CAMP DISCOVERY

Operated by Diabetes Canada, Camp Discovery serves southwestern Ontario and will be operating by Stevenson's Childrens Camp just outside of London in Dorchester, Ontario. This is the location where Camp Discovery first started and operated and we are excited to return to a traditional camp setting!

Since its inception, Camp Discovery has been a leading overnight camp for children and youth ages 7-12 living with type 1 diabetes. Camp Discovery supports campers in the development of strong diabetes self-management skills while allowing these campers to pursue other traditional camping activities, including but not limited to: swimming, arts & crafts, sports, nutrition, outdoor living skills, and so much more.

## CAMP HURONDA

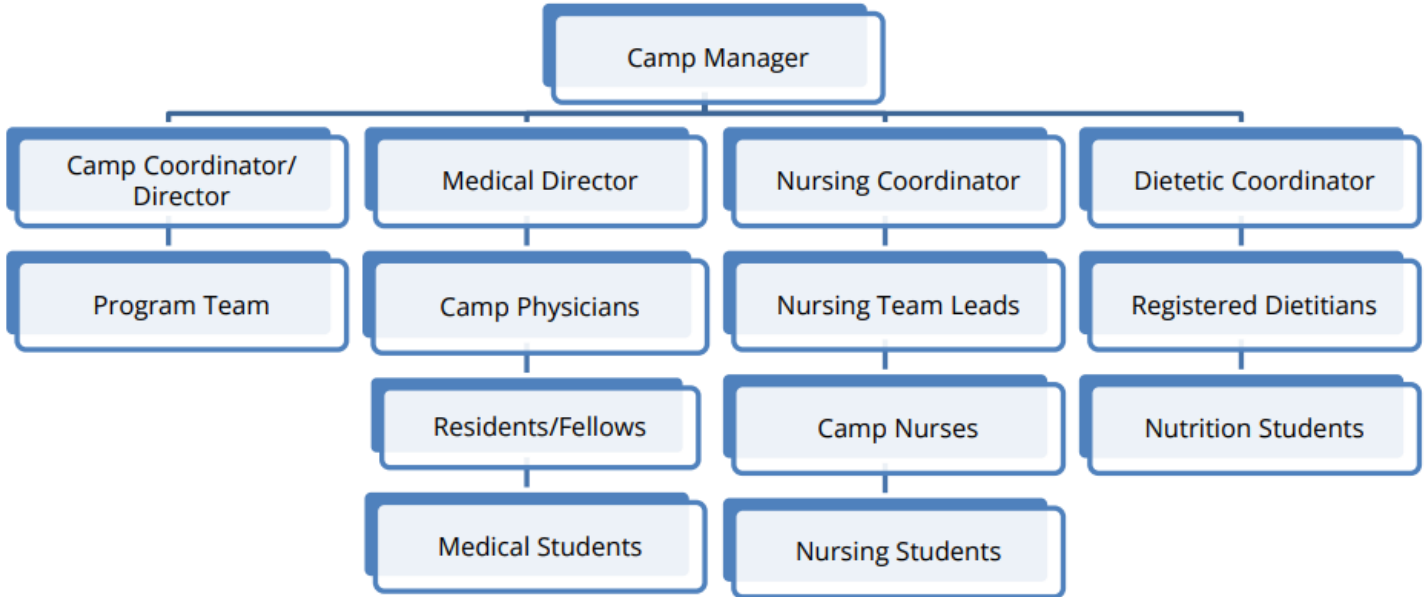
Diabetes Canada has operated Camp Huronda continuously since 1964. For seven years, Camp Huronda rented space at Camp Beausoliel and Camp Couchiching prior to finding a permanent home in 1971 on Lake Waseosa at the previous site of Camp Waseosa.

Since its inception, Camp Huronda has been a leading overnight camp for children and youth ages 7-17 living with type 1 diabetes. Camp Huronda offers one and two-week camping sessions, out-trips, Leadership Development Programs and three Family Camps. Camp Huronda supports campers in the development of strong diabetes self-management skills while allowing these campers to pursue other traditional camping activities, including but not limited to: waterfront activities, arts, music, sports, adventure activities such as low and high ropes course, climbing, mountain biking, and out-tripping to name a few.

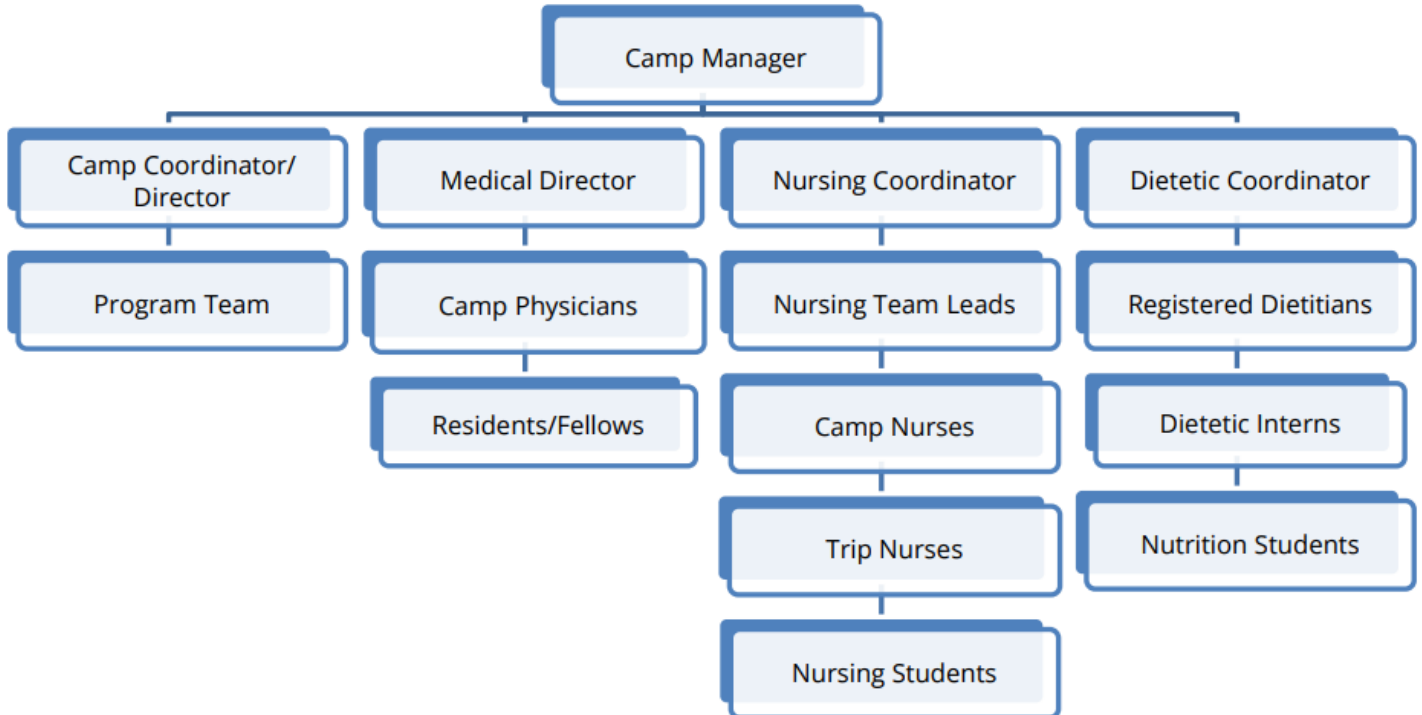
We are proud to work within the guidelines of the following organizations:



## CAMP DISCOVERY ORGANIZATIONAL CHART



## CAMP HURONDA ORGANIZATIONAL CHART





## HEALTH TEAM CONTRACT DATES

Below is a complete listing of Health Team Contract Dates. Staff are able to work multiple contracts during the summer. These contract dates are firm. Please note contracts start the day prior to the start of the summer camp session to allow for pre-camp training.

One-week contracts are available for Camp Huronda on a case-by-case basis.

Program	Start Date	End Date	Staff Needed	
Spring Family Camp	June 7, 2024	June 9, 2024	Dietitian, Nurse	
Spring Family Camp 2.0	June 21, 2024	June 23, 2024	Dietitian, Nurse	
Summer Family Camp	August 26, 2024	August 29, 2024	Dietitian, Nurse	
Fall Family Camp	September 13, 2024	September 15, 2024	Dietitian, Nurse	
Ontario Leadership Weekend	September 13, 2024	September 15, 2024	Dietitian, Nurse	
Camp Discovery - Overnight Camp (Dorchester, Ontario)	August 11, 2024	August 16, 2024	Nurses, Student Nurses, Medical Students, Dietitians, Dietetic Intern, Nutrition Students	
Camp Huronda - Overnight Camp (Huntsville, Ontario)	June 29, 2024	July 12, 2024	Nursing Team Lead (1) Nurses (8) Healthcare Students (6) Trip Nurses (3-4)	Dietitians (2) Dietetic Intern (1), Nutrition Student (1)
	July 13, 2024	July 26, 2024	Nursing Team Lead (1) Nurses (8) Healthcare Students (6) Trip Nurses (3-4)	Dietitians (2) Dietetic Intern (1), Nutrition Student (1)
	July 28, 2024	August 10, 2024	Nursing Team Lead (1) Nurses (8) Healthcare Students (6) Trip Nurses (3-4)	Dietitians (2) Dietetic Intern (1), Nutrition Student (1)
	August 11, 2024	August 24, 2024	Nursing Team Lead (1) Nurses (8) Healthcare Students (6) Trip Nurses (3-4)	Dietitians (2) Dietetic Intern (1), Nutrition Student (1)

## D-CAMPS CRC-VSS POLICY

**ALL NEW AND RETURNING STAFF** must provide either a CRC or CRC and VSS according to the policy below.

Age at time of hire	Requirements
Under 25	You will need to provide a Criminal Record Check dated within 12 months of the date of hire
26 and over	You will need to provide either; 1. VSS dated within 12 months of the date of hire OR 2. VSS dated within 37 months of the date of hire <u>AND</u> a Criminal Record Check dated within 12 months of hire

## CHILDREN OF HEALTH TEAM STAFF

- Due to facility constraints, health team staff may be able to bring family members to camp.
- Children of health team staff may apply to attend Camp during their guardian's employment, provided there are extra camper spaces, and their attendance does not impact job performance. Children must participate fully in all cabin programming, including sleeping in the cabin with the rest of their group, where space permits. Camp fees for children of health team staff, regardless of diabetes status, is \$75. Campers must also stay for the entire 2-week duration of the program. Please reach out to [Lauren.Linklater@diabetes.ca](mailto:Lauren.Linklater@diabetes.ca) with questions.
- The Camp Director has sole discretion regarding the participation of the children of staff and has the right to fill their spot with a child living with type 1 diabetes up to June 15<sup>th</sup>. Health team staff who wish for their children to attend Camp must contact the Camp Director/Coordinator at the time of their hiring.

## ACCOMMODATIONS AT CAMP

- Due to facility constraints at both sites, health team members will often be assigned shared rooms. Specific requests for accommodation can be made; however, we are restricted by our specific sites.

## HEALTH CARE STAFF COMPENSATION

At D-Camps we do our best to ensure that our costs are as low as possible in efforts to ensure we can support our camper population. All health care team members will be offered a weekly honorarium. We ask that you consider donating a portion or your entire honorarium back to Diabetes Canada.



## 2024 Summer Employment Opportunities

### **NURSING TEAM LEAD (REGISTERED NURSE OR REGISTERED PRACTICAL NURSE)**

<b>\$1200/week honorarium, accommodation, and meals</b>	
<b>Huronda Positions</b>	4 (2-week commitment)

Nursing Team Leads have the same expectations and responsibilities as Camp Nurses and are additionally responsible for the scheduling, supervision, evaluation and support of Camp Nurses and Student Nurses. Nursing Team Leads meet daily with physicians, Registered Dietitians and the Camp Director to ensure the health and medical needs of campers and staff are being met and issues are communicated appropriately. While at camp the Nursing Team Lead will communicate frequently with the Nursing Coordinator and Camp Director about any nursing issues and concerns.

**Requirements:** 2+ years of nursing experience at D-Camps, Current CPR 'C' or 'HCP', Membership with the College of Nurses of Ontario, RNAO or RPNAO Membership OR Professional Liability Insurance equivalent to RNAO or RPNAO coverage.

### **CAMP NURSE (REGISTERED NURSE OR REGISTERED PRACTICAL NURSE)**

<b>\$1000/week honorarium, accommodation, and meals</b>	
<b>Huronda Positions</b>	8 per session (4 sessions; 2 or 1 week commitment)*
<b>Discovery Positions</b>	5 per session (1 week commitment)

Camp Nurses are responsible for the supervision and support of camper insulin administration, diabetes education for campers and staff, health assessment and nursing care of minor medical/health issues, administering medications as prescribed by physicians and other basic nursing duties. Camp Nurses are expected to appropriately document all camper and staff visit to health centre and ensure that the health centre is appropriately stocked during their shifts. In addition, Camp Nurses will be scheduled to work overnight blood glucose monitoring shifts.

**Requirements:** Current CPR 'C' or 'HCP', Membership with the College of Nurses of Ontario, RNAO or RPNAO Membership OR Professional Liability Insurance equivalent to RNAO or RPNAO coverage.

### **CANOE TRIP NURSE (RN/RPN) -HURONDA ONLY**

<b>\$1000/week honorarium, accommodation, and meals</b>
3 to 4 positions per session

Canoe Trip Nurses are responsible for the supervision and support of camper insulin administration, diabetes education for campers and staff, health assessment and nursing care of minor medical/health issues, administering medications as prescribed by physicians and other basic nursing duties during off-site canoe trips. The Canoe Trip Nurse is the sole medical caregiver on canoe trips ranging in length from 2-6 days and must be able to function in a wilderness environment.

**Requirements:** Membership with the College of Nurses of Ontario, RNAO or RPNAO Membership OR Professional Liability Insurance equivalent to RNAO or RPNAO coverage. Canoe tripping experience preferred Wilderness First Aid certification an asset.





## HEALTHCARE STUDENT

<b>\$500+/week honorarium, accommodation and meals</b>	
<b>Huronda Positions</b>	6 per session (2 week min commitment, 1 month and all summer available)
<b>Discovery Positions</b>	3 / 4 per session (1 week commitment)

Students are responsible for assisting in the diabetes and general health care of campers and staff, assisting in monitoring blood glucose and ketones for campers, recognizing hypo/hyperglycemia and treating according to D-Camps protocols. Students must act only under the supervision of a Camp Nurse (RN) and are required to consult with a Camp Nurse (RN) if unsure of a task. In addition, Students may be scheduled to work overnight blood glucose monitoring shifts.

**Requirements:** Standard First Aid, CPR 'C' or 'HCP', education in the fields of nursing, medicine, or health related fields an asset. Health related fields include but are not limited to nursing, nutrition, paramedicine, pharmacy technicians.

## CAMP DIETITIAN (REGISTERED DIETITIAN)

<b>\$1000/week honorarium, accommodation and meals</b>	
<b>Huronda Positions</b>	2 per session (1 – 2 week commitments available)
<b>Discovery Positions</b>	2 per session (1 week commitment)

Registered Dietitians are responsible for ensuring all camper and staff nutrition needs are being met. Registered Dietitians work closely with the kitchen to ensure that food selections and any substitutions to the menu are appropriate, post carbohydrate counts for all meal components, and support campers in learning new diabetes management skills. The Registered Dietitians will also work closely with campers and counsellors to assist in carbohydrate counting, food selections and diabetes education. In addition, Registered Dietitians may be asked to provide guidance, education and supervision of Dietetic Interns. Camp Dietitians are not responsible for the daily management of camper blood glucose control.

**Requirements:** Membership with the College of Dietitians of Ontario, Professional Liability Insurance that meets the requirements for Membership with the College of Dietitians of Ontario

## DIETETIC INTERN (CAMP HURONDA ONLY)

<b>\$500/week honorarium, accommodation and meals</b>	<b>1 and 2-week contracts available</b>
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Dietetic Interns are responsible for ensuring all camper and staff nutrition needs are being met. Dietetic Interns will support the Registered Dietitians in working closely with the kitchen to ensure that food selections and any substitutions to the menu are appropriate, posting carbohydrate counts for all meal components, and supporting campers in learning new diabetes management skills. The Dietetic Interns will also work closely with campers and counsellors to assist in carbohydrate counting, food selections and diabetes education.

**Requirements:** Enrolled in an accredited Internship Program with Dietitians of Canada, including integrated internship, stage internship, post degree internship and Master's Program internship.

## NUTRITION STUDENT

<b>\$500/week honorarium, accommodation and meals</b>	
<b>Huronda Positions</b>	1-2 positions (Full Summer or One Month Contract)
<b>Discovery Positions</b>	3 (1 week commitment)

Nutrition Students are responsible for ensuring all camper and staff nutrition needs are being met. Nutrition Students will support the Registered Dietitians in working closely with the kitchen to ensure that food selections and any





substitutions to the menu are appropriate, posting carbohydrate counts for all meal components, and supporting campers in learning new diabetes management skills. The Nutrition Students will also work closely with campers and counsellors to assist in carbohydrate counting, food selections and diabetes education.

**Requirements:** Enrolled in a post-secondary nutrition program

## SOCIAL WORKER

\$25+/hour honorarium, accommodation and meals	
Huronda Position	1 per session
Discovery	1 (pre-session work and support in addition to camp)

The social worker will be responsible for supporting the mental health needs of both our campers and staff while at camp. They will work with the Camp Manager/Coordinator to strategize support structure for our camper/staff population, and be able to work with a short-term therapy model. They will work in tandem with the rest of the medical team and attend team meetings to best support the day-to-day camp.

**Requirements:** Master’s of Social Work (MSW). Membership in good standing with to the Canadian Association for Social Work Education.

## MEDICAL TRAINING

### Prior to Camp

All medical volunteers are required to take part in pre-camp training. Physicians and other members of the health teams are invited to attend.

The majority of training will be completed online in the spring in addition to on-site training the day before each session.

More details will be shared later in the spring.

Topics will include:

- Day-to-day diabetes care
- Pump Training and Site Insertion
- Injection Training
- Continuous Glucose Monitoring Training
- Emergency Preparedness
- Glucagon Lab
- Epi Pen Lab
- Camp 101
- Diabetes 101
- Diabetes Protocols Overnight/Day to Day
- Health and Safety Training

### **Pre-Contract Training**

**Camp Huronda:** All staff will be required to attend training prior to the start of the camp session.

This will start on your contract date at 11:30 am and is the mandatory start time of contracts at Camp Huronda

**Camp Discovery:** All staff will be required to attend training prior to the start of the camp session. Date and time are subject to change.



## HOW TO APPLY

To apply, visit the Ontario D-Camps Staff hiring section and complete the Ontario D-Camps Health Team application form found [here!](#)

### All applicants (new and returning staff) must submit the following documents online:

- Digital copies of all valid certifications as required for the position for which you are applying.
  - Candidates (new or returning) will not be considered for a position without either providing copies of required certification or indicating on their cover letter the date(s) that they will be obtaining required certification.
- A complete form
- 1 reference who is not an employee of Diabetes Canada

### All new applicants must submit:

- An updated cover letter and resume
- Digital copies of all valid certifications as required for the position for which you are applying.
  - Candidates (new or returning) will not be considered for a position without either providing copies of required certification or indicating on their cover letter the date(s) that they will be obtaining required certification.
- A complete form
- 1 reference who is not an employee of Diabetes Canada

## APPLICATION DEADLINE

- February 1, 2024, to be considered for the Initial Round of Hiring (To secure session date and time preference)
- **Medical Staff Hiring will then be ONGOING. Application submitted after these deadlines may be considered for employment following the initial rounds.**

Questions regarding the application process can be directed to:

Camp Huronda David Dellio, Camp Coordinator David.Dellio@diabetes.ca	Camp Discovery Morgan Tobin, Camp Coordinator Morgan.Tobin@diabetes.ca	Huronda/Discovery/General Lauren Linklater, Sr Manager Lauren.Linklater@diabetes.ca
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[Dcamps.hiring@diabetes.ca](mailto:Dcamps.hiring@diabetes.ca)